

# RECONNECT WITH YOUR PURPOSE, REVITALISE YOUR CAREER, REFRESH YOUR PLANS!

*In this practical program you'll apply frameworks and tools to help you clarify what matters most to you and achieve your goals.*

*Just as every organisation needs a well-designed strategic plan, so you'll benefit from having a personal strategy that reflects your priorities, shapes your goals and energises your day. We're living and working much longer than our grandparents did. Our lives are full of change and challenge! You'll probably need to reinvent yourself several times during your career. In this hands-on, practical day, you'll connect with what truly matters to you. You'll draw up a balanced plan, focused on taking action to close the gap between your current life and the one you truly want.*

## Program Benefits

-  A proven and popular program that draws on the latest thinking about how to design a life that reflects your values and uses your strengths
-  An opportunity to step outside your usual routines for just a day to review and refresh your career direction
-  A range of practical tools, tips and techniques that you can apply immediately to your personal context
-  The support and stimulus of others who, like you, want to take time-out to reflect on how they can best use their values and goals to live the life they want

## Program Focus

-  Understand what matters most to you and what gives your life greatest meaning
-  Review your assets and opportunities realistically
-  Practise using a sequence of powerful question frameworks that support breakthrough thinking
-  Set goals that motivate and inspire you
-  Reflect all this in a personal, actionable plan for the next year
-  Learn how to manage common obstacles in the way of your success

### Participant feedback from Dr Margaret Byrne's goal setting programs

*"This was the best workshop I've been to for many years. The learning, the pace, the content, the tools were all well thought-out and brought together beautifully by Margaret."*  
Liz McPherson, Chief Culture Officer, Future Fund

*"Really practical tips and hints that can be applied to building a great goal plan."*  
Nicole Bruin,  
Executive Manager Customer Process, CBA

**Call Angela today to reserve your place on the next program**

Women on Boards ♦ + 61 2 4321 0100 ♦ [womenonboards.org.au](http://womenonboards.org.au) ♦ [angela@womenonboards.org.au](mailto:angela@womenonboards.org.au)